



VIDEO INTERACTION GUIDANCE

4 x ½ day Introductory Training Course online

11, 12, 13 & 14 JULY, 2022

**6:00 – 9:30 PM AEST (MELBOURNE, SYDNEY)
9:00 – 12:30 AM (UNITED KINGDOM)**

Video Interaction Guidance (VIG) is an intervention that aims to improve communication, attunement and empathy within relationships. It is most typically used for interactions between children and adults, either parents or professionals, although it can also be used within pairs (or even groups) of adults. VIG accredited guides engage parents, professionals and children who wish to enter a process of change. In essence, the guide is there to support the clients to resolve their current difficulties through increasing their sensitivity and attunement in interactions within the relationship. Its aim is to give individuals a chance to reflect on their interactions, drawing attention to elements that are successful and supporting clients to make changes were desired through skillful guidance.

Find out more about VIG www.videointeractionguidance.net

Improving interactions through looking at what works

A great opportunity to look at the way you support others

Suitable for interactions in Disability and Education Services
Children's Services
Aged Care

Video based interventions are recommended by National Institute of Health and Clinical Excellence, UK

Contact us at office.viga@gmail.com



Days 1 & 2 will provide an introduction by showing what VIG is, and how and why it works by exploring underlying psychological theories of VIG including intersubjectivity and looking at the current research evidence. The skills training part of the course will focus on learning to select suitable strengths-based clips from videos of caregivers and care seekers using the 'principles of attuned interaction' which are at the core of VIG. All participants will get the chance to prepare a film (preferably your own 10 minute recording of an interaction that you bring to the course or one provided by trainers).

Days 3 & 4 will provide experiential training in conducting a 'shared review' of the selected video clips with the caregiver. Participants will be filmed reviewing the selected clips in a rehearsed session and will take part in video enhanced coaching in small groups. At the end of the day they will be prepared to review a film with the family or caregiver (if they brought their own film) or to take their first film and start VIG under the supervision of a trained VIG Supervisor.

Training Guidelines

There are different levels of VIG training. This course gives the introductory training required before you begin to practice. In order to be an accredited Practitioner, this initial 2-day course is followed by 15 hours of supervision usually over 12 months. The timing of this can be extended depending on individual circumstances.

Facilitators



Dr Sheridan Forster is a founding member of Video Interaction Guidance Australia. She has been using and supervising VIG for many years. Sheridan is a speech pathologist and researcher. Her PhD focused on interactions between adults with profound intellectual and multiple disabilities and disability support workers. Sheridan has used VIG with people with autism, and dementia and Down syndrome.



Dr Meredith Prain is a founding member of Video Interaction Guidance Australia and is an advanced practitioner of Video Interaction Guidance, accredited by the Association of Video Interaction Guidance UK. She has been practicing as a speech pathologist for over 20 years and has been using Video Interaction Guidance for the past 9 years with adults with deaf blindness and adults with profound intellectual and multiple disabilities, together with disability support workers to improve the quality of their interactions.



Dr Mia Urtone has been a member of Video Interaction UK since 2011 and is an accredited VIG supervisor. Mia is a clinical psychologist who specializes in working with infants, children and their families using relationship-based approaches. Mia practiced in the UK for 16 years before a recent move to Australia where she has used VIG in the public health, private and children's court systems. Mia currently leads a workforce development program for kindergarten teachers and educators aimed at improving school readiness in children.

Registration Fee: \$630 Australian Dollars

To register email office.viga@gmail.com

Cancellation Policy

All course fees must be paid in full prior to course commencement. A full refund will be provided on the actual cost of the course, provided we receive notification of cancellation at least 7 days prior to the course date. A 50% refund will be provided up to 48 hours prior to the course date and cancellations received less than 48 hours before the course, are not entitled to a refund.