



Power sharing using Video Interaction Guidance

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1



Topic of presentation

There are many people to be considered in the concept of power sharing and co-production in positive behaviour support.

We can think of power sharing between behaviour support practitioners, individuals with disability, families, and disability support workers.

The key ingredient is communication... and core to communication is a topic. Sheridan will introduce Video Interaction Guidance as a technique for engaging in communication about real interactions. Video Interaction Guiders look closely at both interactions between people with disabilities and their partners, and, as importantly, the interaction between themselves and the partners, as they share clips of the better than usual moments of interaction that are the springboard for enhanced future interactions.

Power sharing requires us to ask "how do I need to be in order to be with you?" of both individuals who may not use or understand speech, and how we need to be with the everyday interaction partners. Disempowerment of both groups can severely compromise the effectiveness of any positive behaviour support approaches.

22nd June – 7-7:40pm

2



Acknowledgement of Country

- Acknowledging the Traditional Owners of the lands on which we meet today
- Pay my respects to Elders past and present
- This land's first storysharers

3



Acknowledgement of people

- Video Interaction Guidance community
- Meredith Prain, colleague and friend
- People with disability and their supports – my primary teachers
 - Note on my words: intention is respect

4



What is V.I.G.?

- Video Interaction Guidance
- Approach to improving interactions
- Video recordings

- Building evidence base

5



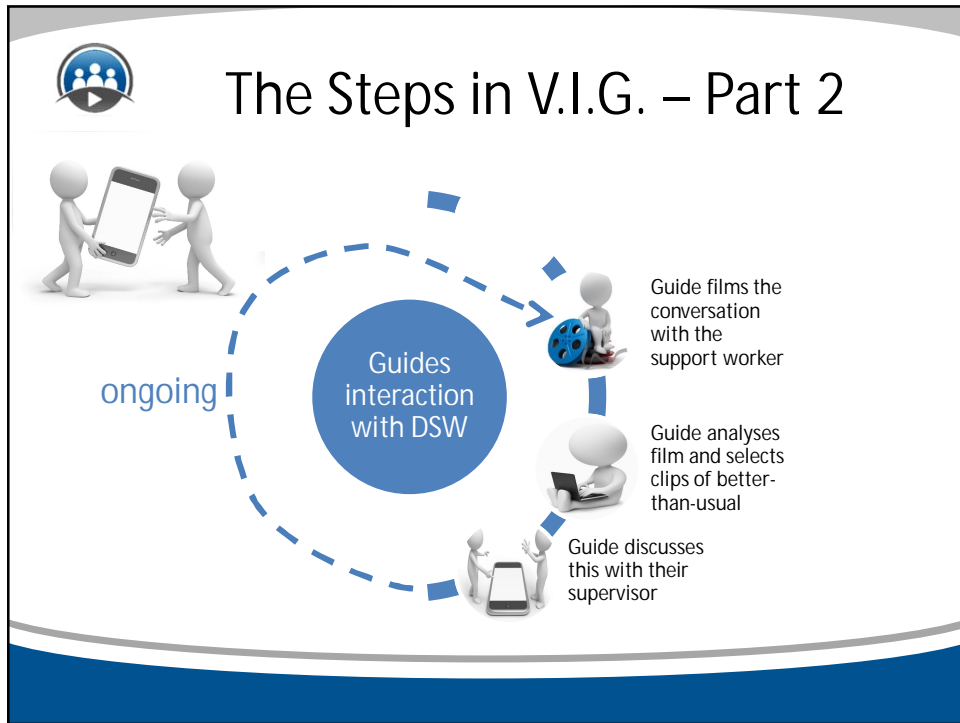
Video Interaction Guidance™ WORKS by

- Using edited video clips of “better than usual”
- Supporting reflection and increase awareness within a collaborative mediated dialogue
- Increasing sensitivity and emotional attunement to the interaction partner
- Reducing stress and increases self-confidence
- Inspiring hopefulness and joy in disadvantaged contexts
- Activating clients to solve their own problems


6



7

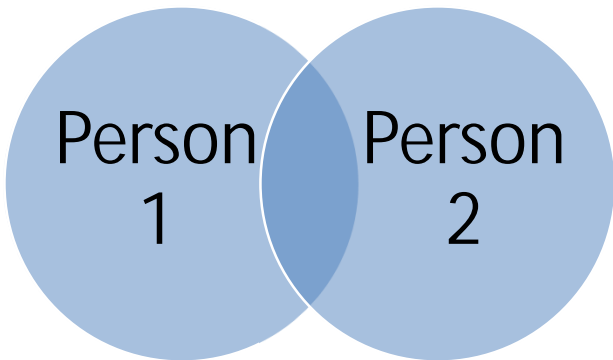


8




What is interaction?

Intersubjectivity – shared meaning




A Venn diagram consisting of two overlapping light blue circles. The left circle is labeled 'Person 1' and the right circle is labeled 'Person 2'. The overlapping area in the center is a darker shade of blue.

9



Starting with a conversation

- Mahnamana as disabled person
- Girls as DSWs
- How can Mahnamana join in the conversation?
- 0:00 - 0:45
- What are his DSWs doing in the interaction?
- Are they attuned with each other – is there moments of intersubjectivity?



Two puppets are shown in a video frame. On the left is a green puppet with long orange hair, wearing a white dress. On the right is a purple puppet with long brown hair, wearing a purple dress. They are facing each other as if in conversation. A watermark 'www.FuzzyMemories.TV' is visible at the bottom of the frame.

10



Changing the conversation

- What happens when he changes his conversation?
- Are they attuned with each other – is there moments of intersubjectivity?
- 0:45 – 1:48




11




How might we use V.I.G?

12



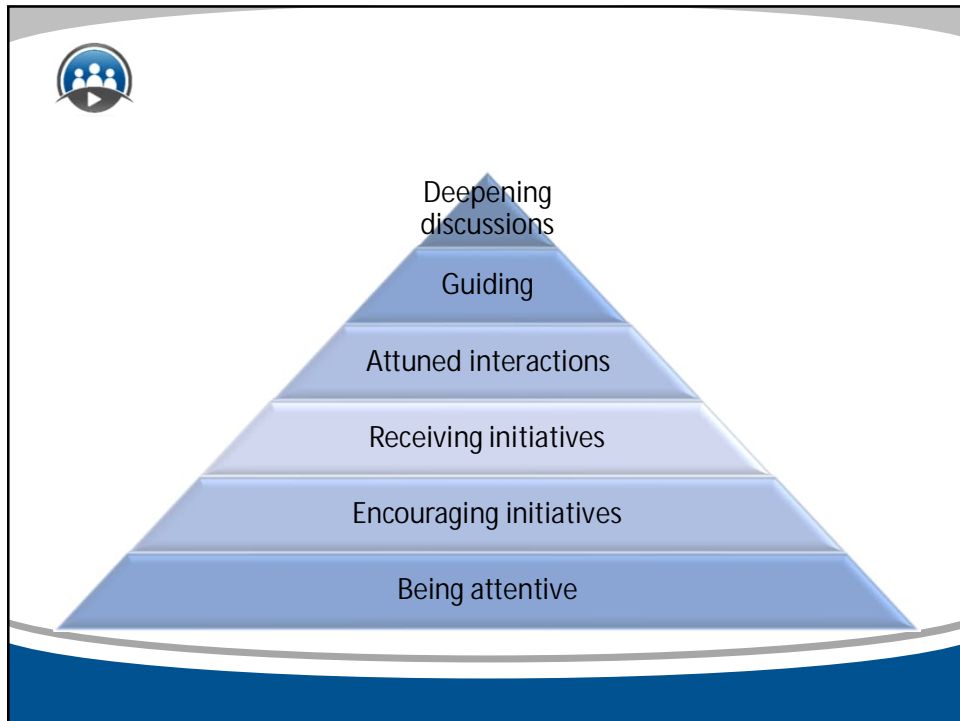
Principles of Attuned Interactions & Guidance



Being Attentive	<ul style="list-style-type: none"> <input type="checkbox"/> Looking interested with friendly posture <input type="checkbox"/> Giving time and space for other <input type="checkbox"/> Turning towards <input type="checkbox"/> Wondering about what they are doing, thinking or feeling <input type="checkbox"/> Enjoying watching the other
Encouraging Initiatives	<ul style="list-style-type: none"> <input type="checkbox"/> Waiting <input type="checkbox"/> Listening actively <input type="checkbox"/> Showing emotional warmth through intonation <input type="checkbox"/> Naming positively what you see, think or feel <input type="checkbox"/> Using friendly and/or playful intonation as appropriate <input type="checkbox"/> Saying what you are doing <input type="checkbox"/> Looking for initiatives
Receiving Initiatives	<ul style="list-style-type: none"> <input type="checkbox"/> Showing you have heard, noticed the other's initiative <input type="checkbox"/> Receiving with body language <input type="checkbox"/> Being friendly and/or playful as appropriate <input type="checkbox"/> Returning eye-contact, smiling, nodding in response <input type="checkbox"/> Receiving what the other is saying or doing with words <input type="checkbox"/> Repeating/using the other's words or phrases <input type="checkbox"/> Receiving and then responding
Developing Attuned Interactions	<ul style="list-style-type: none"> <input type="checkbox"/> Checking the other is understanding you <input type="checkbox"/> Waiting attentively for your turn <input type="checkbox"/> Having fun <input type="checkbox"/> Giving a second (and further) turn on same topic <input type="checkbox"/> Giving and taking short turns <input type="checkbox"/> Contributing to interaction / activity equally <input type="checkbox"/> Co-operating - helping each other
Guiding	<ul style="list-style-type: none"> <input type="checkbox"/> Scaffolding <input type="checkbox"/> Extending, building on the other's response <input type="checkbox"/> Judging the amount of support required and adjusting <input type="checkbox"/> Giving information when needed <input type="checkbox"/> Providing help when needed <input type="checkbox"/> Offering choices that the other can understand <input type="checkbox"/> Making suggestions that the other can follow
Deepening Discussion	<ul style="list-style-type: none"> <input type="checkbox"/> Supporting goal-setting <input type="checkbox"/> Sharing viewpoints <input type="checkbox"/> Collaborative discussion and problem-solving <input type="checkbox"/> Naming difference of opinion <input type="checkbox"/> Investigating the intentions behind words <input type="checkbox"/> Naming contradictions/conflicts (real or potential) <input type="checkbox"/> Reaching new shared understandings <input type="checkbox"/> Managing conflict (back to being attentive and receiving initiatives with the aim of restoring attuned interactions)

Kennedy, H., Landcr, M. & Todd, L. (2011). Video Interaction Guidance: A relationship-based intervention to promote attunement, empathy and wellbeing. London: Jessica Kingsley, p. 28
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13



14



Being attentive

-  Looking interested with friendly posture
-  Giving time and space for other
-  Turning towards
-  Wondering about what they are doing, thinking or feeling
-  Enjoying watching the other

15



Encouraging initiatives

-  Waiting
-  Listening actively
-  Showing emotional warmth through intonation
-  Naming positively what you see, think or feel
-  Using friendly and/or playful intonation as appropriate
-  Saying what you are doing
-  Looking for initiatives


16



Receiving initiatives


-  Showing you have heard, noticed the other's initiative
-  Receiving with body language
-  Being friendly and/or playful as appropriate
-  Returning eye-contact, smiling, nodding in response
-  Receiving what the other is saying or doing with words
-  Repeating/using the other's words or phrases
-  Receiving and then responding

17



Sharing a clip with the DSW

- 0:16-0:20
- Exploring what people see and think
- Looking at both people



18



Sharing a clip with the DSW

- Looking interested with friendly posture
- Turning towards
- Listening actively
- Emotional warmth
- Showing you have heard and noticed the other's initiative
- Returning eye contact, smiling and nodding in response
- Responding using the other's words

19




Changing the characters


- 1:45 – 2:30
- Mahnamana is now a DSW
- The girls are Behaviour Support Pracitioners
- What is happening in the interaction?




20


 **Lack of attunement**

- 2:30-3:20
- What happens when there is a lack of attunement between DSWs and BSPs?



21





22



How do BSPs need to be in order to be with DSWs?

- Returning to 0:16 – 0:20
- How do we
 - Be attentive
 - Encourage
 - Receive initiatives?



23



Questions and comments



24



Endpoints

- Image credits – 123rf – anatolyimas & johan2011
- The Museum of Classic Chicago Television – Rick Klein
- www.videointeractionguidance.net
- Upcoming V.I.G. Initial Training Course July 11-14th
https://www.videointeractionguidance.net/visitor_catalog_class/show/41029/Sheridan-Forster-Online-Initial-Training-Course